

## Determinants of maternal malnutrition: socio-economic causes a major concern

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### Abstract:

Addressing the global burden of malnutrition is a major priority. The adequate nutritional attainment is an integral part of human wellbeing. As the UN secretary general launches his second Global Strategy for Women's, Children's and Adolescents' Health in September 2015, a strengthened focus on nutrition is warranted, with special attention to the first 1000 days of life (from pregnancy to the child's second birthday), pregnant and lactating women, women of reproductive age, and adolescent girls. Addressing the challenge of malnutrition in women and children is essential to ensure optimal cognitive growth and development and overall health and productivity. It is well known fact that "Undernourished mothers inevitably gives birth to an undernourished baby, perpetuating an intergenerational cycle of undernutrition". To spur action and monitor progress, the UN Sustainable Development Goals (SDGs) also set targets with the aim of eliminating malnutrition by 2030. However, to achieve the target the factors responsible should be analyzed. Socio-economic factors play a pivotal role in nutrition and nourishment in females. Poor education, lack of awareness, lack of access to health care facilities, gender inequality and other societal factors contribute a significant proportion of malnutrition etiology in women. The adverse influence of maternal malnutrition extends beyond maternal mortality to intrauterine growth retardation, child malnutrition and rising emergence of chronic diseases.

**Conclusion:** Robust estimation of malnutrition and comprehensive assessment of its causes, indicators and their trends over time and their association with policy targets would be useful in decision making to improve disparities in nutritional status.

### Biography:

Sarita Yadav working as Principal Investigator of project "Virology Research and Diagnostic Laboratory". The project focusses on early diagnosis of viral diseases, emergence of new viruses and early investigation of any outbreak.



### Speaker Publications:

- Sarita Yadav et al ; Burden of Tuberculosis in females in rural area at a tertiary care centre, Dec 2015.
- Sarita Yadav et al: A study of biofilm production in staphylococcus aureus, April 2014.
- Sarita Yadav et al: A Rare Case Report of Subcutaneous Mycoses by Rhytidhysterion Rufulum, June 2017.

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